

Essence: Sweet children, always remember that you are Brahmins, the top-knots. You are becoming elevated and so remain cheerful. Learn to talk to yourself and you will experience limitless happiness.

Question: Who can come under the Father's refuge? Who does Baba give refuge to?

Answer: Only those who are complete destroyers of attachment and whose intellect's yoga is broken away from away from everywhere else can take refuge with the Father. There should be no attachment to friends and relatives in the intellect. It should remain in your intellect that "Mine is only one Baba and none other." Only such children can do *service*. The Father gives refuge only to such children.

Om shanti. This One is the spiritual Father, *Teacher* and Guru. You children have now understood this very clearly. The world does not know this. Although the sannyasis say about themselves "Shivoham" (I am Shiva), they do not say that they are the Father, *Teacher* and Guru! They simply say about themselves "Shivoham, tat-tvam" (the same applies to you). If God were omnipresent then everyone would become the Father, *Teacher* and Guru. However, no one considers himself to be this. It is absolutely *wrong* for human beings to call themselves God, the Supreme Soul. Whatever the Father explains to the children is imbibed in the intellect. There are so many *subjects* in other studies. It is not that all the *subjects* remain in the intellect of the *students*. Here, whatever the Father teaches enters the children's intellect in a *second*. You relate the knowledge of the Creator and the beginning, the middle and the end of the creation. You become knowers of the three aspects of time and spinners of the discus of self-realization. In a physical study, all the *subjects* are totally different. You prove and explain to everyone that only the one Father is the Bestower of Salvation for all. All souls remember God. They say: *Oh God, the Father*. Therefore, you must surely receive an inheritance from the Father. People experience sorrow when they lose that inheritance. This is a play about happiness and sorrow. At this time all are impure and unhappy. You definitely experience happiness by becoming pure. It is the Father who establishes the world of happiness. You children have to keep it in your intellect that it is the Father who is explaining to you. Only the one Father is *knowledge-full*. The Father gives the knowledge of the beginning, the middle and the end of the world. All other religions that have been established come at their own time. These things are not in anyone else's intellect. The Father has kept this study very easy for you children. He simply explains to you in detail: Remember Me, your Father and you will become satopradhan from tamopradhan. Yoga is praised a great deal. The ancient yoga of Bharat has been remembered, but no one knows what benefits were received from yoga. This is the same yoga which Incorporeal God teaches that is mentioned in the Gita. All the other yogas are taught by human beings. For the deities, there is no question of yoga. It is human beings who teach hatha yoga etc. The deities neither study those nor do they teach others. There is no question of yoga in the divine world. Through yoga, everyone becomes pure. They would definitely become that here. The Father comes at the confluence age to make the world new. You are now being transferred from the old world to the new world. It is a *wonder* to explain this to someone. We Brahmins are the top-knots. The Brahmins, top-knots are between the iron age and the golden age. This is called the confluence age, in which you become elevated. If it remains in the intellect of you children that you are becoming the most elevated beings, you will remain constantly cheerful. The more *service* you do, the more cheerful you will remain. You have to earn an income and inspire others to earn. The more *service* you do at the exhibitions, the more happiness those who listen to you will receive. There will be benefit for you and for others too. Even at small *centres*, there should be 5 to 6 main pictures. It is easy to explain them. You should do service and more service the whole day. You should not have any attachment to your friends and relatives. Everything that you see with your eyes is going to be destroyed. However, whatever you see through divine vision is being established. Continue to talk to yourself in this way and you will become strong. You should experience the happiness of having met the Father. Someone born to a king has great pride. You children are becoming the masters of heaven. You are all making effort for yourselves. The Father simply says: By sitting on the pyre of lust you have become ugly. Now sit on the pyre of knowledge and you will become beautiful. These thoughts should continue to spin in your intellect. Even when you are sitting in your *office*, you should continue to have remembrance. It is not that you don't have time.

Whatever time you have, earn a spiritual income. It is such a great income. You receive both health and wealth simultaneously. There is a story of Arjuna and a Bhil (native). Whilst living at home with your family, you can go ahead faster in knowledge and yoga than the ones who live here. Everything depends on remembrance. If all of you were to sit here, how would *service* be done? Become *refreshed* and then engage yourself in *service*. You should have thoughts of *service*. Baba cannot go to the exhibitions because both Bap and Dada are together. Baba's soul and this one's soul are together. This is a *wonderful* couple. No one except you children can know this couple. Baba considers himself to be a couple and he also says that I am the only lost-long and now-found son of Baba. He experiences great happiness on seeing this picture of Lakshmi and Narayan. This is my next birth. I will definitely sit on the throne. You too are studying Raja Yoga. The aim and *objective* is in front of you. This one has the happiness of being the long-lost and now-found son of Baba. Even then he is not able to maintain constant happiness. His thoughts wander in different directions. It is not a *law* of the *drama* that remembrance remains constant and that no other thoughts come. Storms of Maya do not allow you to have remembrance. I know that it is very easy for me because Baba has entered me. I am the *number-one*, long-lost and now-found child of Baba. I will become the first *number* prince. Nevertheless I forget to have remembrance. Many types of thought come. This is Maya. It is only when this Baba has this experience that he can explain to you children. These thoughts will stop when you reach your karmateet stage. This body will not remain when the soul becomes complete. Shiv Baba is always *pure*. It is His *part* to come into the impure world and an impure body in order to make it pure. He is also bound by the *drama*. When you become pure you will need a new body. Shiv Baba does not have His own body. It is this soul (Brahma Baba) in this body who has importance. What does that One have? He speaks the murli and departs; He is *free*. Sometimes, He goes here and sometimes He goes somewhere else. You children also *feel* that it is Shiv Baba who speaks the murli. You children understand that you are present on this *Godly service* in order to help the Father. The Father says: I have come having left My *sweet home*. The supreme region means the incorporeal world that is in the land beyond. However, the whole play continues on this earth. You understand that this is a *wonderful* play. However, there is just one world. Those people try to go to the moon. That is the power of *science*. When we attain victory over *science* with the power of *silence*, then *science* will also give happiness. Here *science* gives happiness as well as sorrow. There, there is nothing but happiness. There is no trace of sorrow. These things should remain in your intellect the whole day. Baba has so many thoughts. Those in bondage are beaten so much for poison. Some, however, become trapped due to attachment. Those with faith in the intellect will quickly say: We want to drink nectar. For this you need to become destroyers of attachment. Your heart should be removed from the old world. Only such *serviceable* ones can climb onto the heart-throne. They can be given asylum. A kumari takes refuge with her husband, but she is not kept without poison. Then she has to take refuge with the Father. However, you need to become complete destroyers of attachment. We have met the Husband of all husbands and so we now become engaged to Him with our intellect's yoga. "Mine is only One and none other." Just as a kumari forges love with her husband, so this is love of the soul for the Supreme Soul. You receive sorrow from that one, whereas you receive happiness from this One. This is the confluence age; no one knows about it. You should have so much happiness. We have met the Boatman, the Gardener who takes us to the garden of flowers. At this time all human beings have become like thorns. The biggest thorn is lust. At first you were viceless flowers. Then your degrees gradually declined and you have now become big thorns. Baba is also called Babulnath (Lord of Thorns). You know that the original name is Shiva. He is called Babulnath because He changes thorns into flowers. Many names are given to Him on the path of devotion. In fact, there is only one name – Shiva. Whether you say: The sacrificial fire of the knowledge of Rudra or the sacrificial fire of the knowledge of Shiva, it is the same thing. The flames of destruction were ignited from the sacrificial fire of the knowledge of Rudra, and the land of Krishna, that is, the original eternal deity religion, was established. Through this sacrificial fire, you become deities from human beings. They create such *wonderful* pictures. They show Brahma emerging from the navel of Vishnu. You know all these things. You know that it is Brahma and Saraswati who become Lakshmi and Narayan. You have this faith. Lakshmi and Narayan become Brahma and Saraswati after taking 84 births. People are amazed when they hear these things. They must be

experiencing happiness too. However, Maya is no less. Lust is the greatest enemy. Maya traps you in name and form and makes you fall. She does not allow you to remember the Father. Then that happiness is reduced. You should not become happy that you have explained to many others. You should first see to what extent you remember Baba: Do I remember Baba at night before going to sleep or do I forget? Some children are very firm in their discipline. You children are very *lucky*. There is a huge burden on the father's head. However, the chariot receives a concession. He has knowledge and yoga. Without these, how could he attain the status of Lakshmi and Narayan? Baba has the happiness of being the only child of the Father and having many children. He has this intoxication, but Maya creates obstacles too. You children too must be experiencing obstacles from Maya. The karmateet stage will come as you go further. This Bap and Dada are both together. He says: Sweetest children, the Father is the Ocean of Love, This one's soul is together with that One. This one also has love. He understands that whatever actions others see him perform they will do the same. You have to remain very sweet. You children need to be very sensible. Just look how sensible this Lakshmi and Narayan are. They received the kingdom of the world through being sensible. Many subjects are created through exhibitions. Bharat is so big and so you have to do that much service. Secondly, you have to stay in remembrance and have your sins absolved. The greatest concern is how we can become satopradhan from tamopradhan. There is effort in this. There are many *chances* for doing *service*. You can do *service* on the *train* with the *badge*. This is Baba and this is the inheritance. Bharat was definitely heaven 5000 years ago. It was the kingdom of Lakshmi and Narayan. Their kingdom definitely has to come again. We are becoming the masters of the pure world through having remembrance of Baba. A lot *service* can be done on the *train*. You should do *service* in one carriage and then go onto the next one. Those who do such *service* climb onto the heart-throne. Tell them: We want to tell you some good news. You were worthy of worship deities and then after taking 84 births, you became worshippers. Now become worthy of worship again. The picture of the ladder is very good. With that, you can prove the *stages* of sato, rajo and tamo. In *schools*, at the end (near their examination), students have the interest to *gallop* ahead. Here too, it is explained that those who have *wasted time* should *gallop* and become engaged in *service*. There is a lot of *margin* for doing *service*. Many *serviceable* daughters who Baba can send somewhere should emerge. Very good *service* can take place in the temples. Those of the deity religion will understand instantly. You can also explain where people go to bathe in the Ganges. Their heart will definitely accept it. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. In order to remain constantly cheerful do spiritual service. Earn a true income and inspire others to earn one. Bring benefit to yourself as well as others. Do *service* on the *train* with your *badge*.
2. Remove your heart from the old world. Become destroyers of attachment. Have true love for the one Father.

Blessing: May you be a great donor and give a drop of happiness, peace and love to all souls through your constant and stable *mood*.

The *mood* of happiness of you children should always remain constant and stable. It shouldn't be that sometimes you have an off-*mood* and sometimes you are very happy. The *mood* of those who are constantly great donors never changes. Those who are to become deities are those who are bestowers. No matter what someone gives to you, you are great bestower children who always give drops of happiness, peace and love to everyone. Together with serving through the body, remain busy in serving through the mind in such a way that you accumulate through performing double charity.

Slogan: Your specialities are a holy offering (Prabhu Prasad) from God. Don't just use these for yourself, but distribute them and increase them. *** OM SHANTI ***